

# ROCKING CHAIR SYNDROME

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*"No one can serve two masters; for either he will hate the one and love the other, or else he will be loyal to the one and despise the other.  
You cannot serve God and mammon."*



*25 "Therefore I say to you, do not worry about your life, what you will eat or what you will drink; nor about your body, what you will put on. Is not life more than food and the body more than clothing?"*

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*26 Look at the birds of the air, for they neither sow nor reap nor gather into barns; yet your heavenly Father feeds them. Are you not of more value than they?*



*27 Which of you by worrying can add one cubit to his stature? 28 So why do you worry about clothing? Consider the lilies of the field, how they grow: they neither toil nor spin;*

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*29 and yet I say to you that even Solomon in all his glory was not arrayed like one of these. 30 Now if God so clothes the grass of the field, which today is, and tomorrow is thrown into the oven, will He not much more clothe you, O you of little faith?*

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*31 Therefore do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For after all these things the Gentiles seek. For your heavenly Father knows that you need all these things.*

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*33 But seek first the kingdom of God and His  
righteousness, and all these things shall be added to  
you. 34 Therefore do not worry about tomorrow, for  
tomorrow will worry about its own things.  
Sufficient for the day is its own trouble.”*

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**Matthew 6: 24 - 34**





*“No one can serve two masters; either he will hate one and love the other, or else he will be loyal to one and despise the other. You cannot serve both God and mammon.*

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**Matthew 6: 24**



*“Therefore I say to you do not worry about your life...”*

**Matthew 6: 25**



*“Behold the birds of the air; they don’t sow, they don’t reap; they don’t have bars to store food in; YET your heavenly Father feeds them every day; and you are much more important than they are.”*

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**Matthew 6: 26**



*“Therefore, do not worry about tomorrow....”*

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**Matthew 6: 34**



*“Don’t worry about anything but instead,  
pray with thanksgiving”*

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**Philippians 4: 6**

